NOTE: A Communion Antiphon for Good Friday is not included in the most recent Graduale Romanum of 1974, upon which the rest of this collection is based. The Roman Missal suggests Psalm 22 be sung, but there is no suggested antiphon. Earlier Graduals suggest either Psalm 22 or one of the Responsories from Matins on Good Friday be sung. This music is a combination of both; the antiphon is taken from the psalmody from Matins on Good Friday (the second antiphon, Diviserunt sibi), and coupled with Psalm 22.
Psalm 22: 2,3,8-9,13,14,15,16,17,18

1. My God, my God, why have you forsaken me?
   Why are you so far from saving me,
   So far from my words of anguish?

2. O my God, I call by day and you do not answer;
   I call by night and I find no relief.

3. All who see me deride me;
   They curl their lips, they toss their heads:
   “He trusted in the LORD, let him save him;
   Let him release him, for in him he delights.”

4. Many bulls have surrounded me,
   Fierce bulls of Bashan close me in.

5. Against me they open wide their mouths,
   Like a lion, rending and roaring.

6. Like water I am poured out,
   Disjointed are all my bones.
   My heart has become like wax,
   It is melted within my breast.

7. Parched as burnt clay is my throat,
   My tongue cleaves to my jaws.
   You lay me in the dust of death.

8. For dogs have surrounded me;
   A band of the wicked sets me.
   They tear holes in my hands and my feet;

9. I can count every one of my bones.
   They stare at me and gloat.

Dox. Glory to the Father, and to the Son, and to the Holy Spirit,
As it was in the beginning, is now,
And will be forever. A-men.