10th Sunday in Ordinary Time B

Antiphon by Andrew R. Motyka (2011)

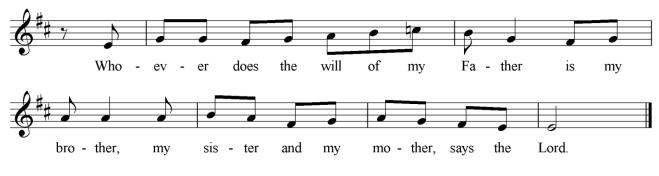


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## Mode I



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## Psalm 34

- I will bless the LORD *at* all times; Praise of him is always *in* my mouth. In the LORD my soul shall make *its* boast; The humble shall hear *and* be glad.
- Glorify the *LORD* with me; Together let us *praise* his name. I sought the LORD, and he an-*swered* me; From all my terrors he *set* me free.
- 3. Look toward him *and* be radiant; Let your faces not *be* abashed. This lowly one called; the *LORD* heard, And rescued him from all *his* distress.
- 4. The angel of the LORD *is* encamped Around those who fear him, to *res*-cue them. Taste and see that the LORD *is* good. Blessed the man who seeks ref-*uge* in him.
- 5. Fear the LORD, *you* his holy ones. They lack nothing, *those* who fear him. The rich suffer want and *go* hungry, But those who seek the LORD *lack* no blessing.
- 6. Come chil-*dren*, and hear me, That I may teach you the fear *of* the LORD. Who is it that de-*sires* life And longs to see pros-*per*-ous days?

- 7. Guard your *tongue* from evil, And your lips from speak-*ing* deceit. Turn aside from evil and *do* good. Seek after peace, *and* pursue it.
- 8. The LORD turns his eyes *to* the just, And his ears are open *to* their cry. The LORD turns his face against *the* wicked To destroy their remembrance *from* the earth.
- When the just cry out, *the* LORD hears, And rescues them in all *their* distress. The LORD is close to the bro-*ken*-hearted; Those whose spirit is crushed *he* will save.
- 10. Many are the trials *of* the just man, But from them all the LORD will *res*-cue him. He will keep guard over all *his* bones; Not one of his bones *shall* be broken.
- 11. Evil brings death *to* the wicked; Those who hate the just *man* are doomed. The LORD ransoms the souls of *his* servants. All who trust in him shall not *be* condemned.
- Dox. Glory to the Father, and to the Son, and to the *Ho*-ly Spirit,As it was in the begin-*ning*, *is* now,And will be fore-*ver*. Amen.

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